



Region X VPPPA Conference

Sheraton Anchorage Hotel • Anchorage, Alaska

May 11-13, 2010

VPPPA Membership Benefits

Save \$50 on your registration to the conference!

VPPPA is committed to delivering the most productive and rewarding membership experience to each of our valued member sites. Through educational offerings, publications and face-to-face and online networking opportunities, the association strives to provide employees at member sites with the latest best practices and relevant information on occupational safety and health and the Voluntary Protection Program (VPP).



For more information
about the conference
and VPP, visit the
Region X VPPPA
web site

www.RegionXVPPPA.org

Lodging and Air Travel Information

Sheraton Anchorage Hotel
401 E. 6th Avenue
Anchorage, AK 99501

To make lodging reservations, call the hotel directly at 907-276-8700 or 1-800-478-8700 before April 10, 2010.

Ask for the "Region X VPPPA Conference" room block to receive the conference rate. Rates are for single or double occupancy and are subject to all applicable taxes.

\$109 plus tax — standard room

\$139 plus tax — club level room

For air travel: Use code ECCTA0042 for Alaska/Horizon flights to Anchorage for 10% savings (not valid on —NS/—N6 fares). Use SkyBonus account number US458190813 for Delta Air Lines for VPPPA member discounts.

2010 Golf Tournament

On May 10, the 3rd Annual Region X VPPPA Golf Tournament will be held at the Moose Run Golf Course in Anchorage. Contact Kemmer Sorrell at 907-398-2229 or kemmerrs09@gmail.com for more information.

Tuesday, May 11

Pre-conference Workshops

VPP Application Workshop™

Sprains/Strains and Things That Go Numb in the Night

Power Trio - Supervisor Skills

Human Performance Improvement

Using Critical Error Reduction Techniques

Wed. and Thurs., May 12-13

Keynote and General Session

Choosing Your Attitude: Taking Personal Responsibility for Success at Work™

by Bruce Wilkinson, CSP

Tracks and Sessions

Track: VPP Basics

- ABCs of VPP
- Benefits of VPP
- Maintaining and Strengthening the Star
- Dynamic Engaged Safety Teams
- My Piece of the Star

Track: Technical

- Process Safety Management
- Practical Ergonomics and Biomechanics
- Innovative Technologies for Safety Footwear
- Asbestos Awareness
- New OSHA Issues and Recordkeeping

Track: Injury Reduction/Prevention

- Human Performance Accident Investigation
- The ABC and D's of Fall Protection
- ART Sprain/Strain and Overuse Injury Reduction
- Analyzing and Controlling Hazards: A Systematic Approach
- "Step it Up" — Improving the Health of Your Aging Workforce

Track: Preparedness

- Remote Medical Support
- Boating Safety
- When Disaster Strikes: Surviving an Active Shooter
- Pandemic Prevention Practices
- Safety vs. Survival Training

Other featured workshops

- Safety Trained Supervisor
- Managing Change and Transition
- Tools for Conscious Leadership

Cost to attend conference

\$225 per person for May 12 and 13 (VPPPA member fee)

\$275 per person for May 12 and 13 (non-member fee)

\$175 per person for May 12 or May 13

(member/non-member fee)

Register online at www.regonline.com/regionx_vpppa10