

## What employers are saying about Oregon OSHA's Consultation Services:

"Through Oregon OSHA's Consultation Services' support and encouragement over the last five years we were able to critically evaluate our safety systems and achieve the outstanding safety performance we enjoy today. Among these successes are the following:

- 57 percent reduction in lost workday cases
- 67 percent reductions in workers' compensation costs
- 70 percent reduction in workers' compensation claims"

— *Siltronic Corporation*

"The service from Oregon OSHA's Consultation Services' is outstanding! Our savings on claims costs have been enormous. Annual claims costs have dropped 64 percent and lost workdays have fallen 79 percent."

— *City of Portland, Columbia Wastewater Treatment Plant*

"Our Oregon OSHA consultants were wonderful!! They never pushed, only encouraged. Never criticized, only motivated. They were our cheerleaders as well as our coaches. Our Lost Workday Cases Incident Rate went from 28.99 in 2000 to 0.00 in 2002."

— *Mid-Valley Healthcare*

***Oregon OSHA's Consultation Services provide one-on-one professional assistance at your workplace anywhere in Oregon at no cost to you!***

For more information, contact the OR-OSHA office nearest you or visit our Web site, [www.orosha.org](http://www.orosha.org).

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# Have you heard what employers are saying about Oregon OSHA's Consultation Services?





## Four ways your workplace can benefit from a consultant's visit:

- Identify hazards and work practices that could cause injuries or health problems.
- Learn about the safety and health requirements that apply to your workplace and how to make them work for you.
- Strengthen your workplace safety-and-health program and learn how to make it a part of the way you do business.
- Receive a comprehensive report that includes your consultant's findings, recommendations, and follow-up assistance.

Oregon OSHA offers the following consultation services:

**Safety consultations** help you identify and correct hazards including those associated with machinery, industrial vehicles, electrical devices, material handling equipment, walking/working surfaces and personal protective equipment.

**Industrial hygiene consultations** help you identify and monitor employee exposures to health hazards such as noise, respiratory hazards, and hazardous chemicals.

**Ergonomic consultations** help you evaluate your work environment and develop effective practical ways to reduce overexertion injuries such as carpal tunnel syndrome and lower back strains.

**Oregon OSHA's Consultation Services will help you prevent injuries, reduce workers' compensation costs, increase productivity, and save money!**

Here's how the consultation process works:

- To request a consultation, call your nearest Oregon OSHA office or visit our Web site and complete the consultation request online.
- After we process your request, we will schedule an onsite consultation with you.
- During the consultation we will tell you about our services and conduct a safety, health, or ergonomic evaluation tailored to the needs of your workplace.
- Following the consultation we will send you a detailed report of findings and recommendations for making your workplace a safer, more healthful one for you and your employees.
- We will conduct follow-up visits, if you request them, to help you implement our recommendations.